



# May Morton JH School Lunch



**Lunch \$ 2.90**

**Milk \$ 0.60**

**FEATURES**

## We are Hiring!

We Need Cooks, Managers, Food Servers and Drivers!

You will love the work schedule!

No nights or weekends! Holidays off!

Apply Online at:

[www.arbormgt.com/careers](http://www.arbormgt.com/careers)

Scan Me To Apply!



Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	2 "Say Cheese" Toasted Sandwich V Tomato Soup Vegetable of the Day Fruit of the Day	3 1/2 Day	4 Pizza Bagel Steamed Broccoli Vegetable of the Day Fruit of the Day	5 *Honey BBQ Pork Rib Sandwich Baked Fries Vegetable of the Day Fruit of the Day
8 Chicken Fajita Burrito Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	9 Rotini & Meatballs w/ Garlic Bread Green Peas Vegetable of the Day Fruit of the Day	10 Chicken & Belgian Waffle Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	11 *Bacon Cheeseburger Baked Fries Vegetable of the Day Fruit of the Day	12 Walking Taco Nachos Seasoned Black Beans Vegetable of the Day Fruit of the Day
15 Chef Choice Vegetable of the Day Fruit of the Day	16 Chef Choice Fiesta Beans Vegetable of the Day Fruit of the Day	17 Chef Choice Vegetable of the Day Fruit of the Day	18 Chef Choice Vegetable of the Day Fruit of the Day	19 Chef Choice Vegetable of the Day Fruit of the Day
22 Chef Choice Vegetable of the Day Fruit of the Day	23 Chef Choice Vegetable of the Day Fruit of the Day	24 1/2 Day	25	26
29	30	31		
Popcorn Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

## Daily Entrées

**Cheeseburgers**

**Chicken Sandwiches**

**Pizza Selection**

**Cheesy Nachos**

## Included with Every Meal

**Fruit and Vegetable  
Choice of Milk**

**V= Vegetarian**

(\*) Contains or may contain Pork

## Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

*~Arbor Management~*

**Make Choices for a Healthy Lifestyle!**



For more information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.