



March Morton JH School Lunch



Lunch \$ 2.90

Milk \$ 0.60

FEATURES

We are Hiring!

We Need Cooks, Managers, Food Servers and Drivers!

You will love the work schedule!
No nights or weekends!
Holidays off!

Apply Online at:
www.arbormgt.com/careers

Scan Me To Apply!



Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
		1 1/2 Day	2 Pasta w/ Italian Meat Sauce w/Garlic Bread Seasoned Green Beans Vegetable of the Day Fruit of the Day	3 Italian Meatball Sub Green Peas Leafy Green Salad Fruit of the Day
6 *Honey BBQ Pork Rib Sandwich Garlic Roasted Carrots Vegetable of the Day Fruit of the Day	7 French Toast Sticks w/Sausage Tater Tots Vegetable of the Day Fruit of the Day	8 Italian Sausage Pasta Bake Garlic Bread Mixed Vegetables Vegetable of the Day	9 Fajita Chicken Quesadilla Seasoned Black Beans Vegetable of the Day	10 1/2 Day
13 Yang's Orange Chicken Brown Rice Seasoned Green Beans Vegetable of the Day Fruit of the Day	14 Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day	15 Homemade Mac & Cheese-V Soft Pretzel Rod Steamed Broccoli Vegetable of the Day Fruit of the Day	16 Chipotle Chicken Nachos Sweet Corn Vegetable of the Day Fruit of the Day	17 Grilled BBQ Chicken Sandwich Smiley Fries Vegetable of the Day Fruit of the Day
20 Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	21 "Say Cheese" Toasted Sandwich-V Tomato Soup Vegetable of the Day Fruit of the Day	22 Chicken Mashed Potato Bowl Dinner Roll Mashed Potatoes Vegetable of the Day Fruit of the Day	23 Mini Corn Dogs Steamed Broccoli Vegetable of the Day Fruit of the Day	24 *Honey BBQ Pork Rib Sandwich Baked Fries Vegetable of the Day Fruit of the Day
27 Chicken Fajita Burrito Chili Lime Sweet Corn Vegetable of the Day Fruit of the Day	28 Rotini & Meat Sauce w/ Garlic Bread Green Peas Vegetable of the Day Fruit of the Day	29 Chicken & Belgian Waffle Honey Chipotle Sweet Potatoes Vegetable of the Day Fruit of the Day	30 Western Cheeseburger Baked Fries Vegetable of the Day Fruit of the Day	31 Walking Taco Nachos Seasoned Black Beans Vegetable of the Day Fruit of the Day
Monday	Tuesday	Wednesday	Thursday	Friday
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

Daily Entrées

Cheeseburgers

Chicken Sandwiches

Pizza Selection

Cheesy Nachos

Included with Every Meal

**Fruit and Vegetable
Choice of Milk**

V= Vegetarian

(*) Contains or may contain Pork

Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

-Arbor Management-

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.