



January Morton JH School Lunch



Lunch \$ 2.90

Milk .60¢

FEATURES

We are Hiring!

We Need Cooks, Managers, Food Servers and Drivers!

You will love the work schedule!

No nights or weekends! Holidays off!

Apply Online at:

www.arbormgt.com/careers

Scan
Apply!



Me To

Garden Spot

Deli Express

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 No School	4 No School	5 No School	6 No School
9 Half Day	10 Homemade Cheese Quesadilla-V Vegetable of the Day Fruit of the Day	11 Creamy Chicken Alfredo Garlic Bread Vegetable of the Day Fruit of the Day	12 Yang's Orange Chicken w/ Brown Rice Vegetable of the Day Fruit of the Day	13 Mini Corn Dogs Vegetable of the Day Fruit of the Day
16 No School	17 Chili Cheese Dog Vegetable of the Day Fruit of the Day	18 *Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	19 Cheesy Pasta Bake-V w/ Garlic Bread Vegetable of the Day Fruit of the Day	20 Italian Meatball Sub Vegetable of the Day Fruit of the Day
23 *Honey BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day	24 French Toast Sticks w/ Sausage Vegetable of the Day Fruit of the Day	25 Italian Sausage Pasta Bake Garlic Bread Vegetable of the Day Fruit of the Day	26 Chicken Fajita Quesadilla Vegetable of the Day Fruit of the Day	27 Baked Potato w/ Chili Soft Pretzel Vegetable of the Day Fruit of the Day
30 Yang's Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	31 Beef Soft Tacos Fiesta Beans Vegetable of the Day Fruit of the Day			
Crispy Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

Daily Entrées

Cheeseburgers

Chicken Sandwiches

Pizza Selection

Cheesy Nachos

Included with Every Meal

Fruit and Vegetable

Choice of Milk

V= Vegetarian

(*) Contains or may contain Pork

Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ **Plant based entrée options**

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.