



**Lunch \$ 2.90**

**Milk .60¢**

**FEATURES**

### We are Hiring!

We Need Cooks, Managers,  
Food Servers and Drivers!  
You will love the work  
schedule!  
No nights or weekends!  
Holidays off!  
Apply Online at:  
[www.arbormgt.com/careers](http://www.arbormgt.com/careers)  
Scan Me To Apply!



Garden Spot

Deli Express

# August Morton JH School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
			Half Day	Baked Potato w/ Chili Soft Pretzel Vegetable of the Day Fruit of the Day
15	16	17	18	19
Yang's Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	Beef Soft Tacos Vegetable of the Day Fruit of the Day	Homemade Mac & Cheese-V Soft Pretzel Rod Vegetable of the Day Fruit of the Day	Chipotle Chicken Nachos w/ Cilantro Lime Rice Vegetable of the Day Fruit of the Day	Grilled BBQ Chicken Sandwich Vegetable of the Day Fruit of the Day
22	23	24	25	26
Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	"Say Cheese" Toasted Sandwich- V Vegetable of the Day Fruit of the Day	Chicken Drumstick Dinner Roll Vegetable of the Day Fruit of the Day	Sweet n' Sour Meatballs w/ Brown Rice Vegetable of the Day Fruit of the Day	*Honey BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day
29	30	31		
Chicken Fajita Burrito Vegetable of the Day Fruit of the Day	Rotini & Meatballs w/ Garlic Bread Vegetable of the Day Fruit of the Day	Chicken & Belgian Waffle Vegetable of the Day Fruit of the Day		
Popcorn Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

### Daily Entrées

**Cheeseburgers**  
**Chicken Sandwiches**  
**Pizza Selection**  
**Cheesy Nachos**

**Included with Every Meal**  
Fruit and Vegetable  
Choice of Milk

V= Vegetarian

(\*) Contains or may contain Pork

### Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods  
Fresh fruits and vegetables, locally sourced as  
seasonally available
- ✓ Cage free poultry with no added hormones or  
steroids
- ✓ Fresh whole and multigrain bread, buns and baked  
goods
- ✓ No-fat or 1% milk free from any growth hormones  
from local, sustainable farms
- ✓ Plant based entrée options

*Arbor Management*

Make Choices for a Healthy Lifestyle!



For more  
information or to  
"Ask the Dietitian",  
check out our website!

Please note: Due to national supply chain  
disruptions and shortages, we may have  
to make changes to our menus with little  
or no notice. Please know that we are  
doing our best to serve meals as  
planned. Substitution of menu items will  
be communicated. We apologize in ad-  
vance and thank you for understand-  
ing! This institution is an equal opportunity  
employer.