



April Morton Jr. High Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Spring Break Free Meals	2 Spring Break Free Meals
			Pizza Dippers w/Marinara Sauce—V Vegetable of the Day Fruit Serving	Grilled Cheese Sandwich—V Vegetable of the Day Fruit Serving
5	6	7	8	9
Spring Break No School	Chicken Sandwich Or Crispy Chicken Roll-Up Vegetable of the Day Fruit Serving	Half Day No Lunch	Chicken Nuggets Or Chef Salad w/Whole Grain Tortilla Vegetable of the Day Fruit Serving	Cheese Pizza—V Or Turkey & Cheese Sub Vegetable of the Day Fruit Serving
12	13	14	15	16
Chicken Tenders Or Yogurt Pack—V Strawberry Yogurt Cheese Stick Cinnamon Roll Vegetable of the Day Fruit Serving	Chicken Sandwich Or Chili Cheese Fries Vegetable of the Day Fruit Serving	Cheesy Beef Nachos Or Pizza Burger Vegetable of the Day Fruit Serving	*Crispy Chicken Bacon Melt Or BBQ Chicken Sandwich Vegetable of the Day Fruit Serving	Italian Meatball Sub Or Pizza Munchable with Cheese & Marinara —V Vegetable of the Day Fruit Serving
19	20	21	22	23
Mini Corn Dogs Or Grilled Cheese Sandwich—V Vegetable of the Day Fruit Serving	Chicken Fajitas w/Roasted Peppers Or Cheese Quesadilla—V Vegetable of the Day Fruit Serving	Cheesy Beef Nachos Or Crispy Chicken Salad Vegetable of the Day Fruit Serving	Chicken Nuggets Or Turkey Ranch Roll-Up Vegetable of the Day Fruit Serving	*BBQ Rib Sandwich Or Pepperoni Pizza Vegetable of the Day Fruit Serving
26	27	28	29	30
Cheeseburger Or Crispy Chicken Ranch Salad Vegetable of the Day Fruit Serving	French Toast Sticks & Turkey Sausage Or Cheese Sticks Graham Bears—V Vegetable of the Day Fruit Serving	Homemade Mac & Cheese Or Jumbo Corn Dog Vegetable of the Day Fruit Serving	Pizza Dippers w/Marinara Sauce Or Walking Tacos Vegetable of the Day Fruit Serving	Chicken Tenders Or Pizza Munchable with Cheese & Marinara —V Vegetable of the Day Fruit Serving

**FREE
MEALS**

**To All Children
18 and Under**

Entrées Available Daily
Chicken Sandwich Varieties

Grilled Burger Varieties

Pizza Varieties

**Now Hiring For Food
Service
Positions**

**Contact Kristina
Klein at**

309-284-6320

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!

Menu changes are occasionally necessary. Notice will be given when possible. This institution is equal opportunity employer.
*Contains or may contain pork

Included with Every Meal
Fruit and Vegetable
1% or Fat-Free Milk



For more information or to "Ask the Dietitian", check out our website!