



Daily Special
Includes fruit and vegetable choices,
whole grain breads or rolls, and milk

Daily Choices

NEW!
Plant Based

Pizza Choices

Fresh Deli

Fresh Salads



Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Brownie Bite Day	5	6 Birthday Cookie	7
*Juicy Bacon Cheeseburger Golden Corn	Fiesta Nachos Supreme Refried Beans	Half Day No Lunch	French Toast Sticks w/Sausage & Syrup Potato Puffs	Homemade Buffalo Chicken Pizza Savory Green Beans
10 Cookie Bite Day	11	12 Way Cool Wednesday	13	14 Valentine's Day
<i>Pizza Burger</i> Oven Fries	Soft Shell Tacos Seasoned Black Beans	Italian Spaghetti & Meatballs** w/Garlic Bread Blue Raspberry Slushie	Mini Corn Dogs w/Spicy Ketchup Potato Puffs	Cheezy Garlic Flatbread Golden Corn
17	18	19 Brownie Bite Day	20 Breakfast for Lunch	21
No School President's Day	Taco Pretzel w/Taco Meat & Cheese Golden Corn	Savory Salisbury Steak** Mashed Potatoes w/Gravy	Chicken Nuggets w/Waffle & Syrup Potato Puffs	Hot Diggity Dog w/Chili Garden Peas
24	25 Cookie Bite Day	26 Way Cool Wednesday	27	28
Zesty Western BBQ Burger Potato Puffs	<i>Walking Taco Scoops</i> Refried Beans	Rotini Pasta w/Marinara & Garlic Bread Glazed Carrots Kiwi Strawberry Slushie	Crispy Chicken Tenders** Oven Fries	Homemade Cheese Pizza Steamed Broccoli
Crispy Chicken or Spicy Chicken Sandwich Grilled Burgers, Our New—Plant Based Burger Sunbutter & Jelly Sandwich				
New Meatless Meatball Sub	New Chicken-less Buddha Bowl	New Lentil Pasta Marinara w/Garlic Bread	New Chicken-less Nuggets w/Roll	New Southwest Chicken-less Wrap
Cheese V	*Pepperoni	Cheese V	*Pepperoni	Cheese V
Chicken Caesar Wrap	*Ham & Cheese Wrap	Buffalo Chicken Wrap	Turkey & Cheese Wrap	Ranch Chicken Wrap
Crispy Chicken Salad**	Chef Salad**	Chicken Caesar Salad**	Buffalo Chicken Salad**	Caesar Salad **V

V=Vegetarian option available
**Served with a roll
*Contains or may contain pork ingredients.

Menu changes are occasionally necessary. Notice will be given when possible.



Morton Junior High February 2020

Lunch \$2.80
Milk is Included
With Meal

Milk \$0.50
A Variety of Milk is
Offered Daily

**Fruit & Veggie Bar available
daily with all lunches**

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based options available

~Arbor Management~

Make Choices for a Healthy Lifestyle!

arboronline.com

For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?
Kristina Klein
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309-284-6320

Comprehensive nutrition & allergy guides are available in the Foodservice Office.