



Lunch \$ 2.90

Milk .60¢

FEATURES

We are Hiring!

We Need Cooks, Managers,
Food Servers and Drivers!
You will love the work
schedule!

No nights or weekends!
Holidays off!

Apply Online at:

www.arbormgt.com/careers

Scan Me To Apply!



Garden Spot

Deli Express

September Morton JH School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			*Bacon Cheeseburger Vegetable of the Day Fruit of the Day	Walking Taco Nachos Vegetable of the Day Fruit of the Day
5	6	7	8	9
No School	Homemade Cheese Quesadilla-V Vegetable of the Day Fruit of the Day	Creamy Chicken Alfredo Garlic Bread Vegetable of the Day Fruit of the Day	Yang's Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	Mini Corn Dogs Vegetable of the Day Fruit of the Day
12	13	14	15	16
Crispy Popcorn Chicken w/ Biscuit Vegetable of the Day Fruit of the Day	Chili Cheese Dog Vegetable of the Day Fruit of the Day	*Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	Pasta w/ Italian Meat Sauce w/ Garlic Bread Vegetable of the Day Fruit of the Day	Half Day
19	20	21	22	23
Corn Dogs Vegetable of the Day Fruit of the Day	French Toast Sticks w/ Sausage Vegetable of the Day Fruit of the Day	Italian Sausage Pasta Bake Garlic Bread Vegetable of the Day Fruit of the Day	Fajita Chicken Quesadilla Vegetable of the Day Fruit of the Day	Baked Potato w/ Chili Soft Pretzel Vegetable of the Day Fruit of the Day
26	27	28	29	30
Yang's Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day	Beef Soft Tacos Vegetable of the Day Fruit of the Day	Homemade Mac & Cheese-V Soft Pretzel Rod Vegetable of the Day Fruit of the Day	Chipotle Chicken Nachos w/ Cilantro Lime Rice Vegetable of the Day Fruit of the Day	Grilled BBQ Chicken Sandwich Vegetable of the Day Fruit of the Day
Popcorn Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

Daily Entrées

Cheeseburgers

Chicken Sandwiches

Pizza Selection

Cheesy Nachos

Included with Every Meal

Fruit and Vegetable

Choice of Milk

V= Vegetarian

(*) Contains or may contain Pork

Arbor A+ Nutrition Mission

To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
Fresh fruits and vegetables, locally sourced as
seasonally available
- ✓ Cage free poultry with no added hormones or
steroids
- ✓ Fresh whole and multigrain bread, buns and baked
goods
- ✓ No-fat or 1% milk free from any growth hormones
from local, sustainable farms
- ✓ Plant based entrée options

-Arbor Management-

Make Choices for a Healthy Lifestyle!



For more
information or to
"Ask the Dietitian",
check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.