



FREE MEALS To All Enrolled Students



We are Hiring!

We Need Cooks, Managers, Food Servers and Drivers! You will love the work schedule! No nights or weekends! Holidays off! Apply Online at: www.arbormgt.com/careers





April Morton JH School Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Control of the Contro	Earth Day				No School
	Chicken Fajita Burrito Vegetable of the Day Fruit of the Day	Jumbo Corn Dog Vegetable of the Day Fruit of the Day	Early Dismissal	Hot Ham & Cheese Sandwich Vegetable of the Day Fruit of the Day	Homemade Cheese Quesadilla -V Vegetable of the Day Fruit of the Day
	Popcorn Chicken & WG Biscuit Vegetable of the Day Fruit of the Day	Cheese Ravioli-V Garlic Bread Vegetable of the Day Fruit of the Day	Chili Cheese Fries w/ Soft Pretzel Vegetable of the Day Fruit of the Day	*Crispy Chicken Bacon Melt Vegetable of the Day Fruit of the Day	No School
	No School	Fajita Chicken Quesadilla Vegetable of the Day Fruit of the Day	20 Italian Meatball Sub Vegetable of the Day Fruit of the Day	21 French Toast Sticks Cheesy Eggs Vegetable of the Day Fruit of the Day	*BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day
	Beef Soft Tacos Vegetable of the Day Fruit of the Day	Chicken Parmesan Sandwich Vegetable of the Day Fruit of the Day	Creamy Mac & Cheese-V Soft Pretzel Rod Vegetable of the Day Fruit of the Day	Chipotle Chicken Burrito Bowl Vegetable of the Day Fruit of the Day	Hot Pepperoni Pizza Sub Vegetable of the Day Fruit of the Day
AND THE PARTY OF T	Popcorn Chicken Salad w/ Dinner Roll *Turkey & Bacon	Southwest Chicken Salad w/ Dinner Roll Italian Sub	Chef Salad w/ Pita Bread Crispy Chicken Wrap	Chicken Caesar Salad w/ Pita Bread Buffalo Chicken Wrap	Taco Salad Tuna Salad Sandwich

Daily Entrées

Cheeseburgers
Chicken Sandwiches
Pizza Selection
Cheesy Nachos
Ham or Turkey &
Cheese Sandwich

Included with Every Meal
Fruit and Vegetable
Choice of Milk

V= Vegetarian

(*) Contains or may contain Pork

Arbor A+ Nutrition Mission To serve students daily:

- A wide variety of fresh, nutrient rich foods
 Fresh fruits and vegetables, locally sourced as seasonally available
- Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

-Arber Management-

Make Choices for a Healthy Lifestyle!





For more information or to "Ask the Dietitian", check out our website!

Please note: Due to national supply chain disruptions and shortages, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Substitution of menu items will be communicated. We apologize in advance and thank you for understanding! This institution is an equal opportunity employer.