



**FREE
MEALS**
To All Enrolled
Students

FEATURES

We are Hiring!
We Need Cooks, Managers,
Food Servers and Drivers!
You will love the work
schedule!
No nights or weekends!
Holidays off!
Apply Online at:
www.arbormgt.com/careers
Scan Me To Apply!



Garden Spot

Deli Express

March Morton JH School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<i>March 9 National Meatball Day</i>	1 Cheese Ravioli-V Garlic Bread Vegetable of the Day Fruit of the Day	2 Early Dismissal	3 *Crispy Chicken Bacon Melt Vegetable of the Day Fruit of the Day	4 Cheesy Penne Pas- ta Bake Garlic Bread Vegetable of the Day Fruit of the Day
7 Mini Corn Dogs Vegetable of the Day Fruit of the Day	8 Fajita Chicken Quesadilla Vegetable of the Day Fruit of the Day	9 Italian Meatball Sub Vegetable of the Day Fruit of the Day	10 Yang's Teriyaki Chicken Brown Rice Vegetable of the Day Fruit of the Day	11 Half Day
14 Beef Soft Tacos Fajita Peppers Black Beans Fruit of the Day	15 Chicken Parmesan Sandwich Vegetable of the Day Fruit of the Day	16 Creamy Mac & Cheese-V Soft Pretzel Rod Vegetable of the Day Fruit of the Day	17 Chipotle Chicken Burrito Bowl Vegetable of the Day Fruit of the Day	18 Hot Turkey & Cheese Melt Vegetable of the Day Fruit of the Day
21 Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	22 Chicken Drumstick Dinner Roll Vegetable of the Day Fruit of the Day	23 Maple Pancake Sausage Bites Vegetable of the Day Fruit of the Day	24 Popcorn Chicken Bowl Vegetable of the Day Fruit of the Day	25 "Say Cheese" Toast- ed Sandwich-V Vegetable of the Day Fruit of the Day
28 No School	29 No School	30 No School	31 No School	
Popcorn Chicken Salad w/ Dinner Roll	Southwest Chicken Salad w/ Dinner Roll	Chef Salad w/ Pita Bread	Chicken Caesar Salad w/ Pita Bread	Taco Salad
*Turkey & Bacon Wrap	Italian Sub	Crispy Chicken Wrap	Buffalo Chicken Wrap	Tuna Salad Sandwich

Daily Entrées

Cheeseburgers
Chicken Sandwiches
Pizza Selection
Cheesy Nachos
**Ham or Turkey &
Cheese Sandwich**

Included with Every Meal
Fruit and Vegetable
Choice of Milk

V= Vegetarian

(*) Contains or may contain Pork

Arbor A+ Nutrition Mission To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
Fresh fruits and vegetables, locally sourced as
seasonally available
- ✓ Cage free poultry with no added hormones or
steroids
- ✓ Fresh whole and multigrain bread, buns and baked
goods
- ✓ No-fat or 1% milk free from any growth hormones
from local, sustainable farms
- ✓ Plant based entrée options

Arbor Management

Make Choices for a Healthy Lifestyle!



For more
information or to
"Ask the Dietitian",
check out our website!

Please note: Due to national supply chain
disruptions and shortages, we may have
to make changes to our menus with little
or no notice. Please know that we are
doing our best to serve meals as
planned. Substitution of menu items will
be communicated. We apologize in ad-
vance and thank you for understand-
ing! This institution is an equal opportunity
employer.