



February Morton Jr. High Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheeseburger Or Crispy Chicken Salad Vegetable of the Day Fruit Serving	2 French Toast Sticks w/Turkey Sausage Or Cheese Sticks Graham Bears - V Vegetable of the Day	3 Half Day No Lunch	4 Pizza Dippers w/Marinara Sauce— V Or Turkey Sandwich Vegetable of the Day Fruit Serving	5 Hot Turkey Sandwich Or Pizza Munchable with Cheese & Marinara — V Vegetable of the Day
8 Hot Dog Or Cheddar Cheese Stick— V Goldfish Pretzels Hard Boiled Egg Vegetable of the Day Fruit Serving	9 Chicken Sandwich Or Crispy Chicken Roll-Up Vegetable of the Day Fruit Serving	10 Beef Soft Tacos Or Hot Ham & Cheese Sandwich Vegetable of the Day Fruit Serving	11 Chicken Nuggets Or Chef Salad w/Whole Grain Tortilla Vegetable of the Day Fruit Serving	12 Grilled Cheese Sandwich— V Or Turkey & Cheese Sub Vegetable of the Day Fruit Serving
15 No School	16 Chicken Sandwich Or Sunbutter & Jelly Sandwich— V Vegetable of the Day Fruit Serving	17 Cheesy Beef Nachos Or Turkey Sandwich Vegetable of the Day Fruit Serving	18 *Grilled Chicken Bacon Melt Or Chicken Salad w/Pita Vegetable of the Day Fruit Serving	19 Italian Meatball Sub Or Pizza Munchable with Cheese & Marinara — V Vegetable of the Day Fruit Serving
22 Mini Corn Dogs Or Grilled Cheese Sandwich— V Vegetable of the Day Fruit Serving	23 Chicken Fajitas w/Roasted Peppers Or Turkey & Cheese Sub Vegetable of the Day Fruit Serving	24 Cheesy Beef Nachos Or Crispy Chicken Salad Vegetable of the Day Fruit Serving	25 Chicken Nuggets Or Turkey Ranch Roll-Up Vegetable of the Day Fruit Serving	26 *BBQ Rib Sandwich Or Cheese Quesadilla— V Vegetable of the Day Fruit Serving

**FREE
MEALS**
**To All Children
18 and Under**

Entrées Available Daily
Chicken Sandwich Varieties
Grilled Burger Varieties
Pizza Varieties

**Now Hiring For Food
Service
Positions**
**Contact Kristina
Klein at**
309-284-6320

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!




For more information or to "Ask the Dietitian", check out our website!

Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.

*Contains or may contain pork

Included with Every Meal
Fruit and Vegetable
1% or Fat-Free Milk